

October 2016

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## Words to Live By

“Every New Day is a Chance to Change your Life”- Unknown

Provided by Devlon D., Member at Communicare Communications

## Communicare in the Community

Finding a service project that provides meaning to all of our members and that everyone can participate in is no small feat. After thoughtful discussion, we decided to make fleece comfort blankets for Detroit Children's Hospital. Members and staff are excited to do a project that benefits others at a time of year when we could all use a little extra comfort.



## Brain Injury Association of Michigan Annual Conference

It was our pleasure to be a Gold Sponsor at the annual Brian Injury Association of Michigan Conference. After months of planning, our booth was a showcase of our member's projects and activities. We were able to introduce our booth visitors to the Communicare Communications Studio and Communicare on Canvas' latest projects.

Booth visitors enjoyed samples of handmade soap from Communicare on Canvas, located in Rochester, MI. Also, they learned about our NEW online community integration being applied at Communicare Communication Studio. Visitors were also able to read our monthly newsletter, view our art projects and munch on freshly popped popcorn from our gourmet popcorn bar. Feedback on our programs from therapists, case managers and other industry participants was extremely positive. We look forward to working with new stakeholders who were introduced to Communicare Michigan at the conference.



## New at Communicare

Our multi-disciplinary clinical team is always striving to encourage our Member's independence in the least restrictive environment. As part of their recovery process, Communicare has introduced TWO new weekly support groups. Our first group is called Meeting of the Minds, where clients can process the changes in adjusting to life after a TBI. The second group is a Women's Support Group, where clients may process gender specific issues that arise post injury with like-minded individuals. The women's group allows our female members to create a safe place to share and explore. All group therapies are facilitated by a Master prepared clinician. Both groups meet weekly at the Communicare Communications Studio; all members are welcome to participate in this group.

## Communicare Communications Studio

Members at the Communications Studio are staying busy working on multiple projects while engaging in safe social media and internet practices. Our favorite project right now is the **Communicare Cookbook**. Members and staff are gathering their favorite recipes with the goal of preparing many of them

## Day Program Locations

Multi-Disciplinary Outpatient  
Therapy Facility  
40800 Woodward Avenue  
Bloomfield Hills, MI 48304

Communicare on Canvas Art  
Studio  
426 W. University Drive  
Rochester, MI 48307

Communicare Communications  
Studio at Utica Lodge  
44612 Davis  
Utica, MI 48317

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Communicare Michigan LLC



Albania on the World Map

in our clubhouse kitchen with our Occupational Therapists as part of cooking evaluations for safety. Our members will be sampling the meals during our daily served lunches and can provide pictures, tips and reviews. We can all hardly wait to sample.

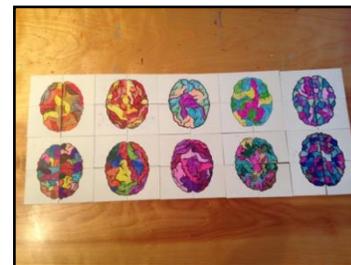
Some of the other projects we are working on include creating a full branding refresh for all of our day program sites. This will include **new logos** being computer generated by members and voted on by all. Members will also be composing blogs and Facebook updates with support from staff.

## Communicare on Canvas

Fall themed crafts and projects continue at our art studio. We have made wood constructed pumpkins and monsters to decorate member's homes and our sites for Halloween. Some of the other projects we have lined up for the month include: spider web vases, fall wreaths, building 3D haunted house and Halloween greeting cards. All items may be purchased at our clubhouse!

October 9-15, 2016, is **National Case Management Week**. Communicare Michigan is fortunate to work with some of the best Case Managers in the Traumatic Brain Injury industry. To celebrate their service to our members we have created a special piece of "brain art" as a gift. The case managers appreciated the thoughtful token and acknowledgement of their service and dedication.

Our members from all of our sites enjoy coming together for community based activities. The calendar for October includes: visits to the cider mill, The Painted Pot, movies, a Halloween party, dinners in the community and a weekly brunch on Sundays. \*All members are welcome and encouraged to join in on our outings!



## Clinician's Column



Communicare Michigan is fortunate to have Entela Kaba, MA, LLPC on staff. Entela is from Albania and is bilingual, which allows her to serve the Albanian speaking community. She holds a Master Degree from Oakland University in Counseling and Mental Health, and also completed an Advanced Post Master Specialization in Mental Health. Entela is very active in the Albanian Community here in Metro Detroit.

Bringing her European culture and language to clients is one of the many joys of her job. Entela is able to work with clients from a place of learning a new way of life; much like TBI survivors must learn new ways to cope and adjust.

**\*Please contact Communicare Michigan, LLC if you have Albanian speaking clients in need of TBI therapies.**

